

# Evolução na Intervenção Coronária Percutânea e Stents

Fábio Sândoli de Brito Jr.

Hospital Sírio-Libanês

InCor-HCFMUSP

[fabio.cardiol@gmail.com](mailto:fabio.cardiol@gmail.com)

## Letters to the Editor

## TRANSLUMINAL DILATATION OF CORONARY-ARTERY STENOSIS

SIR.—In September, 1977, we introduced a technique for percutaneous transluminal coronary angioplasty (P.T.A.). This technique consists of a catheter system introduced via the femoral artery under local anaesthesia. A preshaped guiding catheter is positioned into the orifice of the coronary artery and through this catheter a dilatation catheter is advanced into the branches of the artery. This dilatation catheter (outer diameter 0.5–1.25 mm) has a sausage-shaped distensible segment (balloon) at the tip.

After traversing the stenotic lesion the distensible segment is inflated with fluid (50% contrast material, 50% saline) to a maximum outer diameter of 3.0–3.8 mm by a pump-controlled pressure of 5 atmospheres (about 500 kPa). This pressure compresses the atherosclerotic material in a direction perpendicular to the wall of the vessel thereby dilating the lumen.

## DETAILS OF FIVE CASES TREATED BY P.T.A.

Patient	Age	Sex	Date of dilatation	Stenosis	Primary success
1	38	M	Sept. 16, 1977	L.A.D. 85%	+
2*	44	M	Oct. 18, 1977	L.C.A. 70% (calcified)	—
			Jan. 10, 1978	R.C.A. 80%	+
3	43	M	Nov. 21, 1977	L.A.D. 75%	+
			Nov. 21, 1977	R.C.A. 95%	+
4*	43	M	Nov. 24, 1977	L.C.A. 80%	+
5	61	M	Dec. 20, 1977	L.A.D. 95%	+

L.C.A.—main left coronary artery; L.A.D.—left anterior descending; R.C.A.—right coronary artery.

\*Dilatation done at University Hospital, Frankfurt.

Experience with over 250 peripheral-artery lesions treated by this technique has demonstrated, via morphological studies, that the atheroma can be compressed leaving a smooth luminal surface. The patency-rate, two years after dilatation of iliac and femoropopliteal atherosclerotic lesions, was greater than 70%.<sup>1</sup>

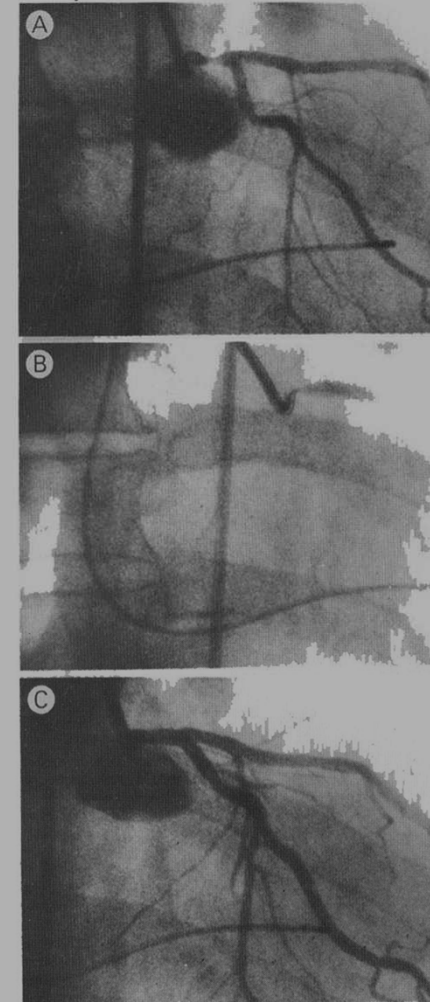
After experimental<sup>2</sup> and intraoperative<sup>3</sup> studies the first percutaneous coronary dilatation was done on Sept. 16, 1977. Five patients with severe stenotic lesions of the coronary arteries associated with refractory angina have so far been treated by coronary P.T.A. (table). Angiograms for one of these patients are shown in the figure. No complications were noted. Follow-up studies by serial stress-testing with myocardial imaging (thallium-201) and angiography suggest that P.T.A. may be an effective treatment in certain patients with severe discrete non-calcified lesions of the coronary arteries.

This technique, if it proves successful in long-term follow-up studies, may widen the indications for coronary angiography and provide another treatment for patients with angina pectoris.

Department of Internal Medicine,  
Medical Policlinic,  
University Hospital,  
8091 Zürich, Switzerland

ANDREAS GRÜNTZIG

- Grüntzig, A. Die perkutane transluminale Rekanalisation chronischer Arterienverschlüsse mit einer neuen Dilatationstechnik; p. 50. Baden-Baden, 1977.
- Grüntzig, A., Riedhammer, H. H., Turina, M., Rutishauser, W. *Verh. Dt. ges. Kreislaufforsch.* 1976, **42**, 282.
- Grüntzig, A., Myler, R., Hanna, E., Turina, M. *Circulation*, 1977, **56**, 84 (abstr.).



## Details of patient 3.

43-year-old man with severe angina pectoris since September, 1977. First angiogram (Nov. 11) revealed severe stenosis of the main L.C.A. and only slight wall abnormalities in some of the branches of L.C.A. After informed consent P.T.A. was done on Nov. 21.

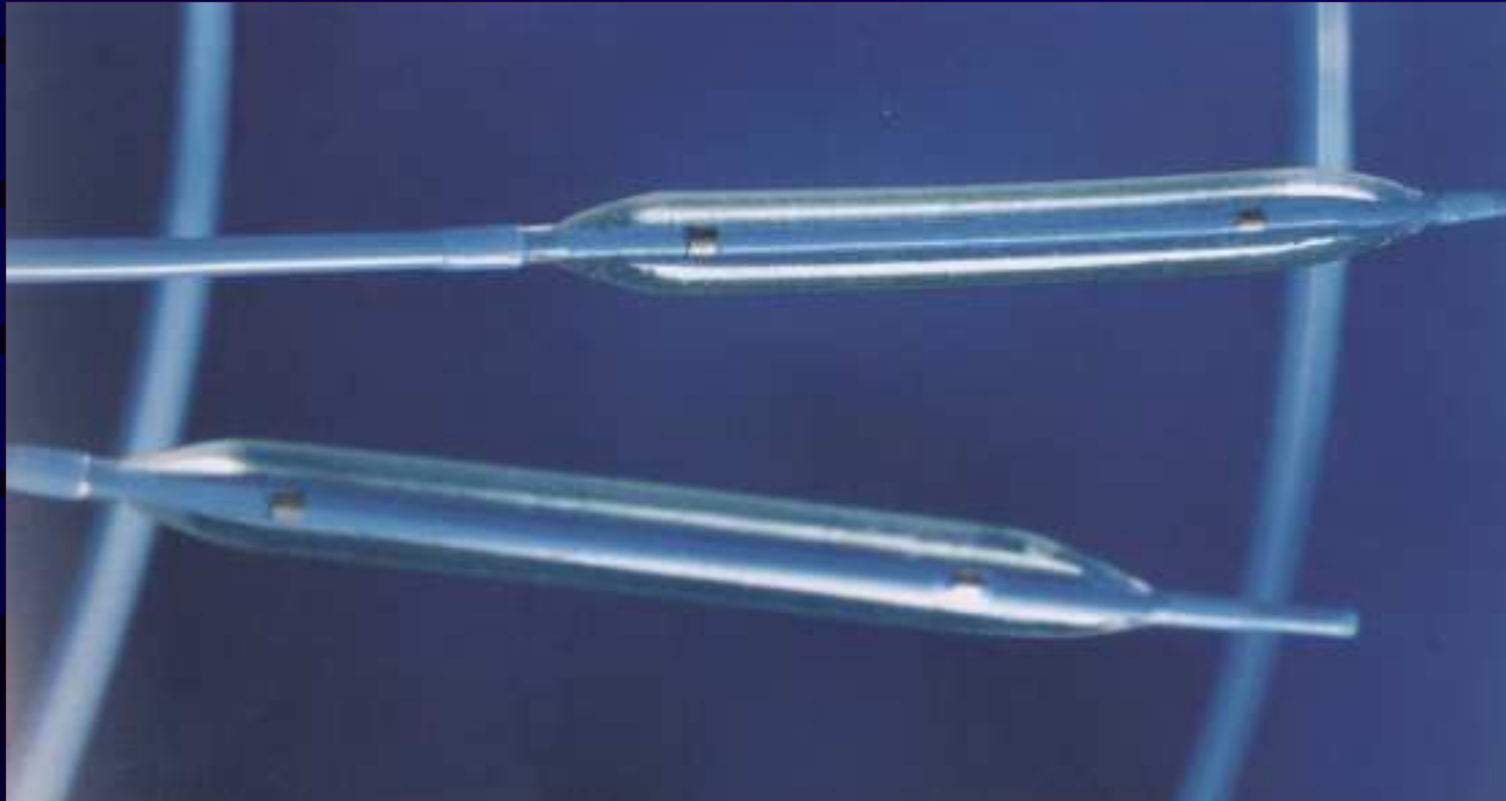
(A) The angiogram before P.T.A. (done under nitroglycerine cover), with the guiding catheter in the orifice showed 80% proximal stenosis of the L.C.A.

(B) After passage of the dilatation catheter the distensible balloon segment was inflated twice to a maximum outer diameter of 3.7 mm. During the dilatation the patient experienced a short period of angina pectoris which quickly disappeared after deflation of the balloon.

(C) The angiogram after the procedure showed a good result without complications. There was no enzyme rise or E.C.G. change after the treatment. A good clinical result has persisted in the following weeks, confirmed by stress tests.

Andreas Gruentzig

# A ERA DO BALÃO



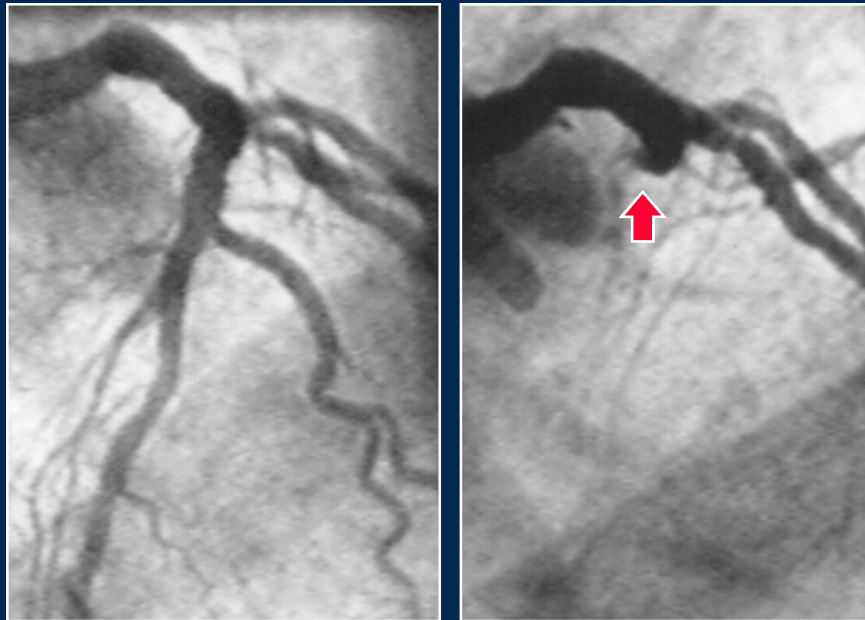
1977

1988-90

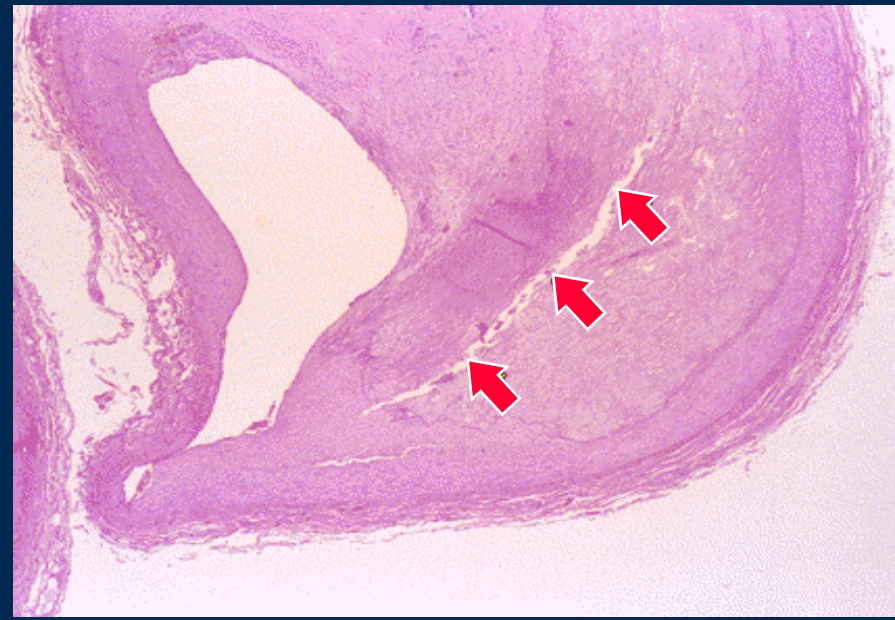
# ANGIOPLASTIA CORONÁRIA

## LIMITAÇÕES

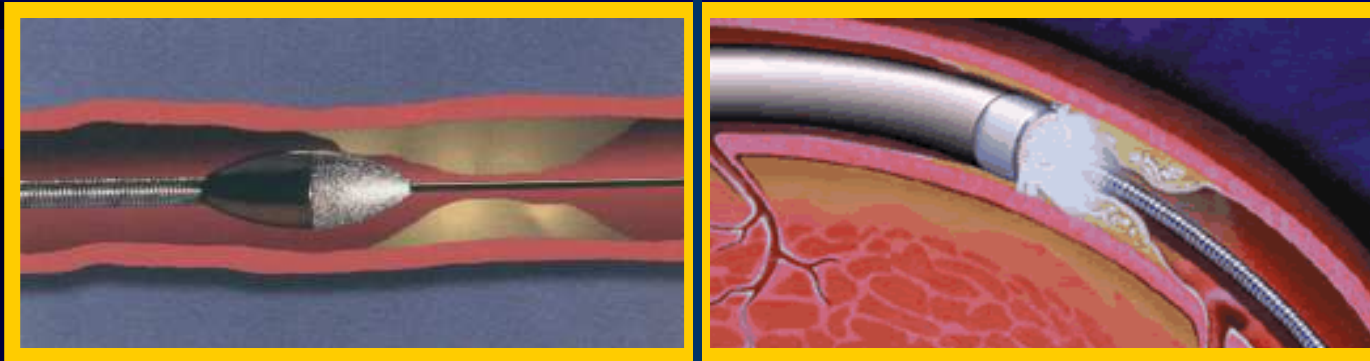
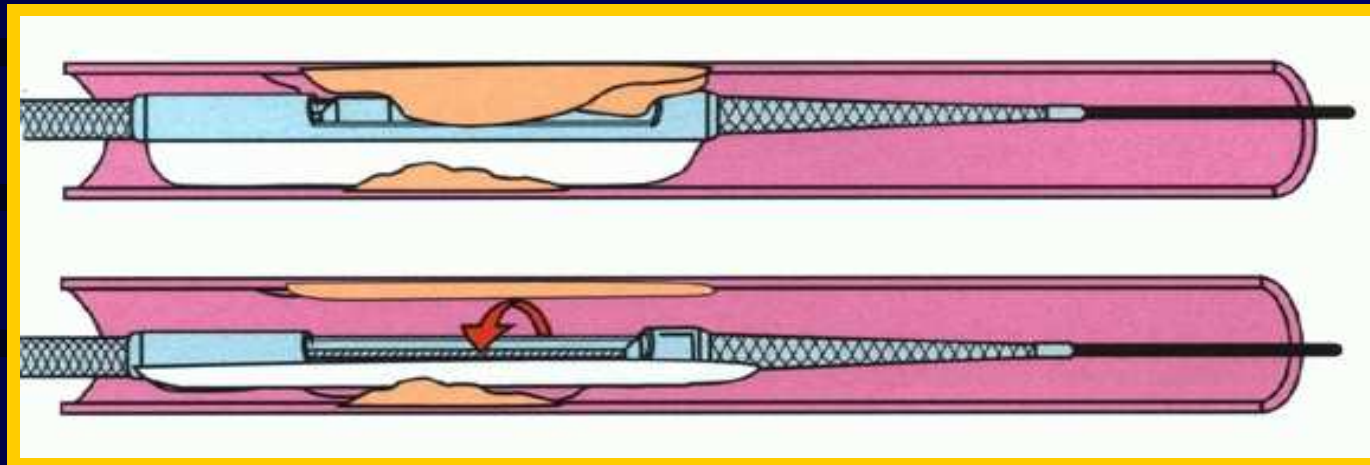
**OCLUSÕES AGUDAS**  
**2-10%**



**REESTENOSE**  
**20-50%**



# A ERA DA ATERECTOMIA



1988-90

1993-95

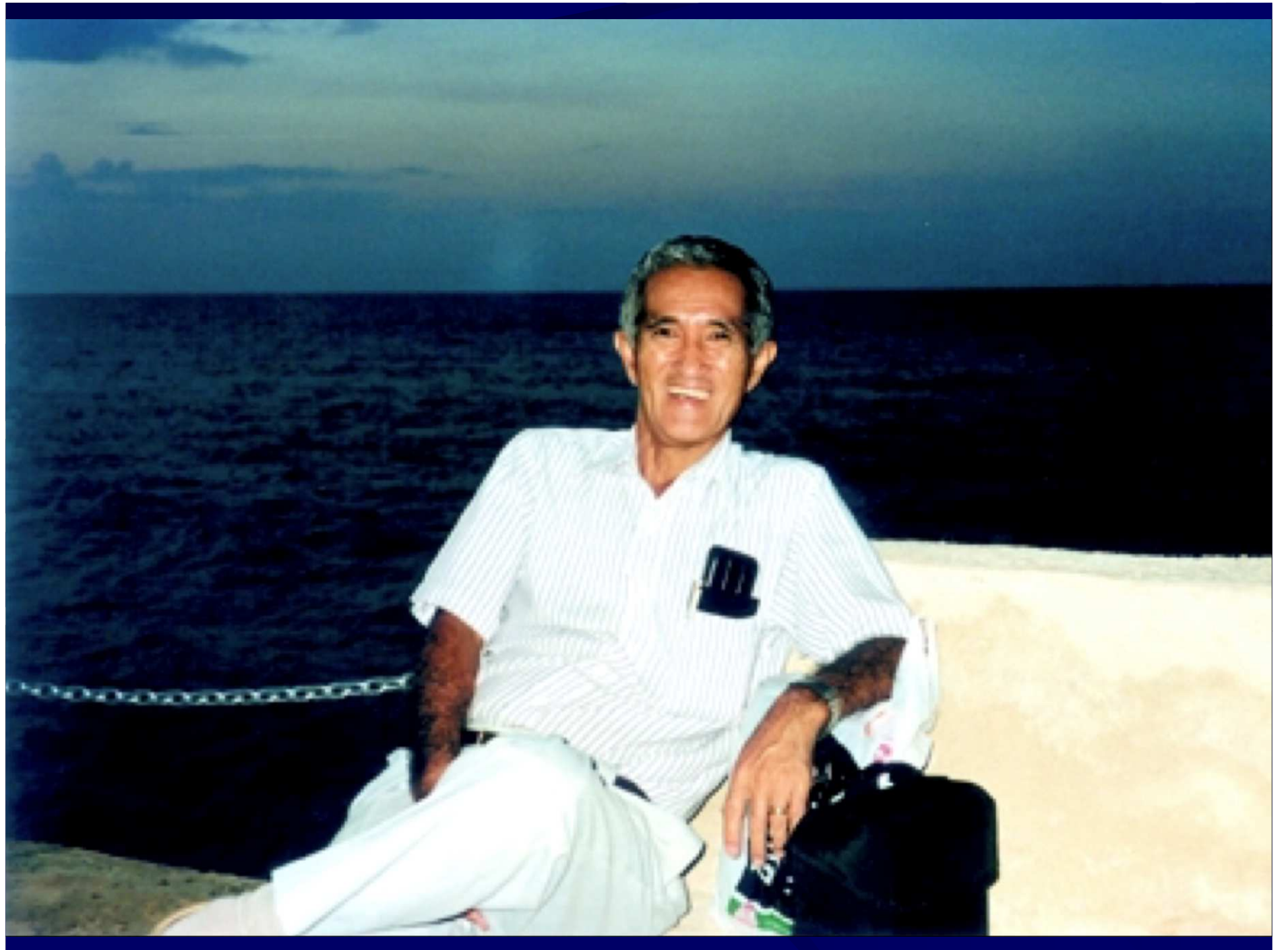
# A ERA DA ATERECTOMIA

- 1. Melhores taxas de sucesso em lesões de alta complexidade (Lesões com calcificação acentuada, lesões aorto-ostiais, lesões não dilatáveis, etc...)**
- 2. NÃO reduziu taxas de oclusão aguda ou reestenose !**



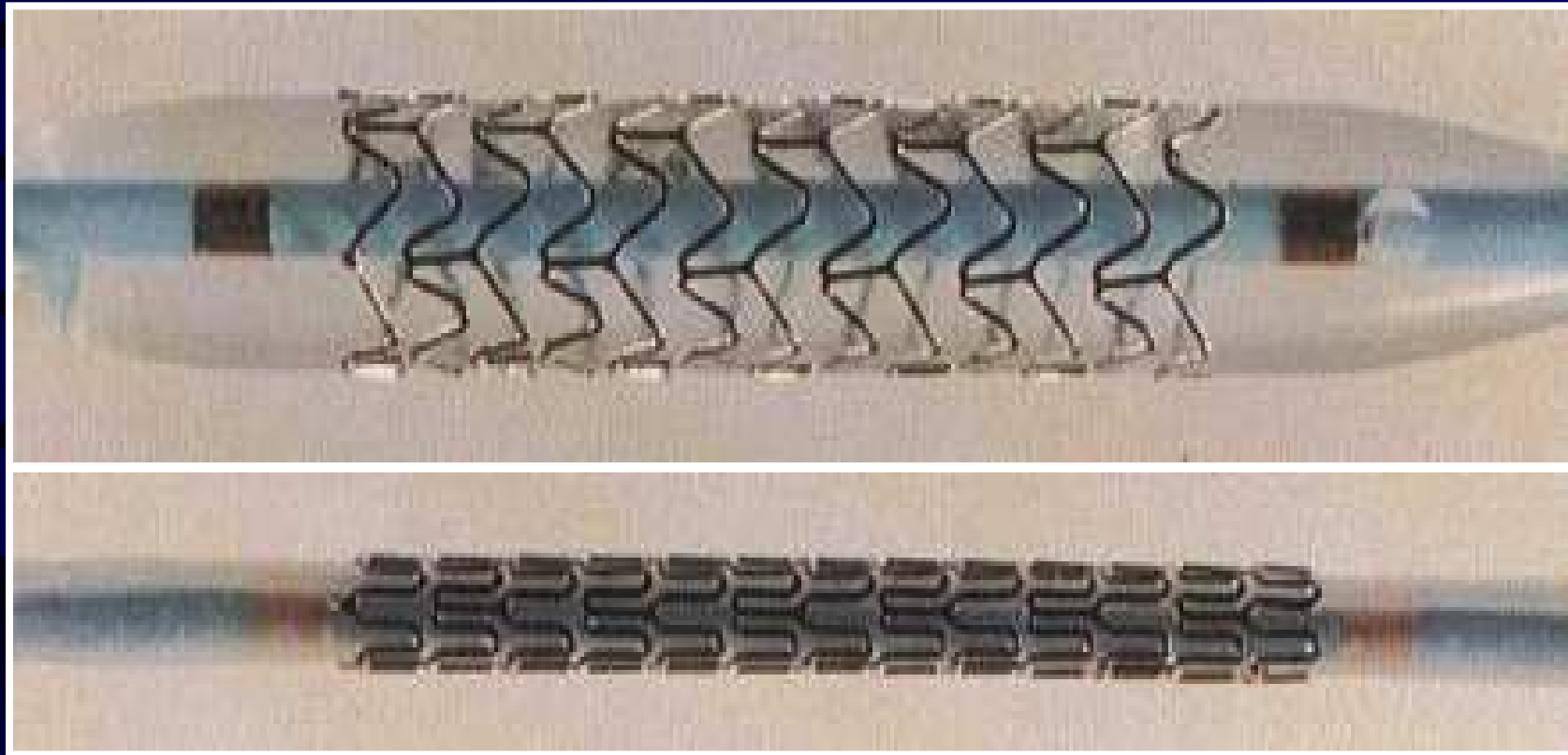
**CONFRATERNIZAÇÃO- FORMANDOS DO INCOR**

**SAO PAULO 1992**





# A ERA DOS *STENTS*



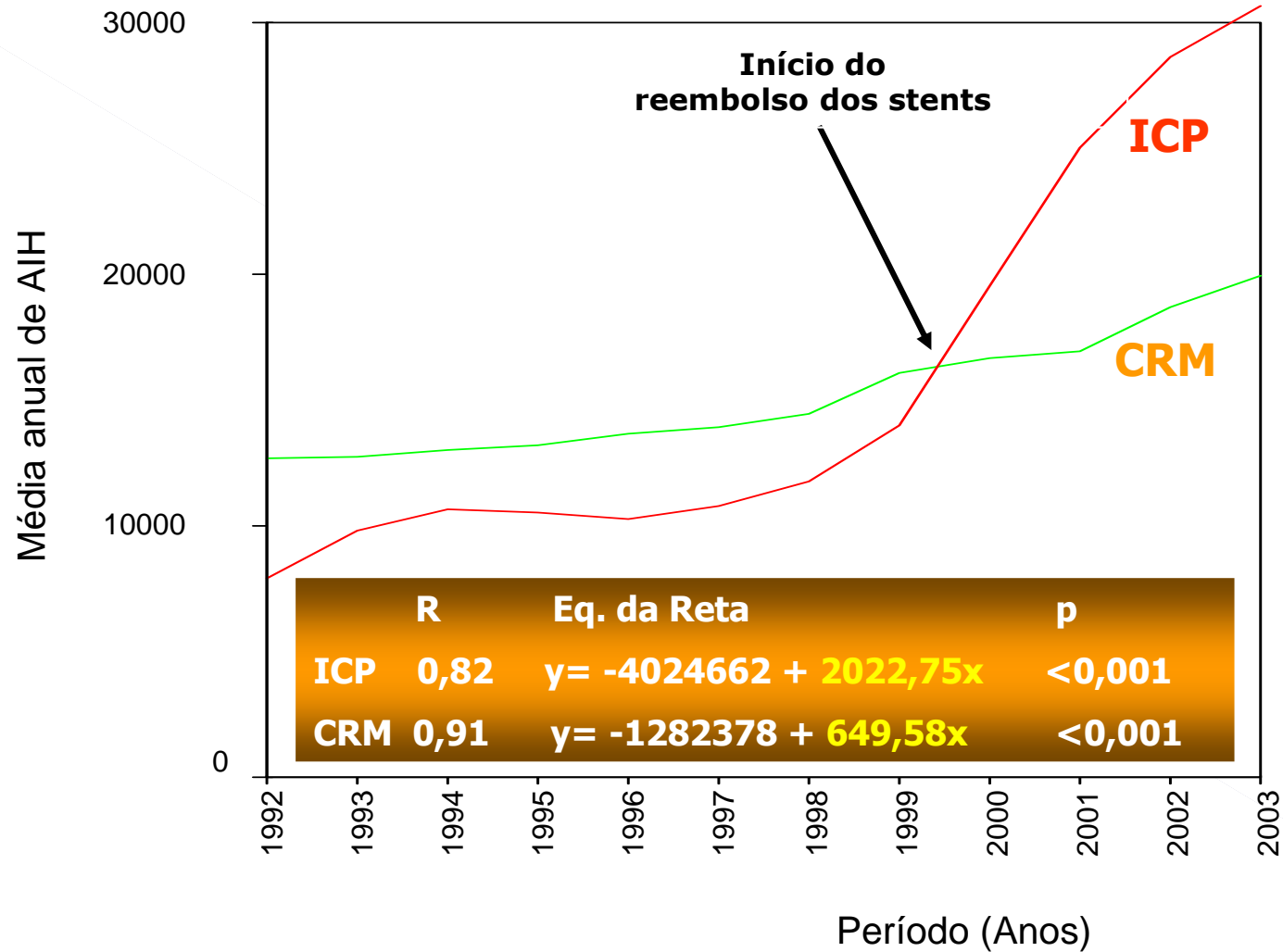
1993-95

2001...

# *Stents*: porque tão aceitos?

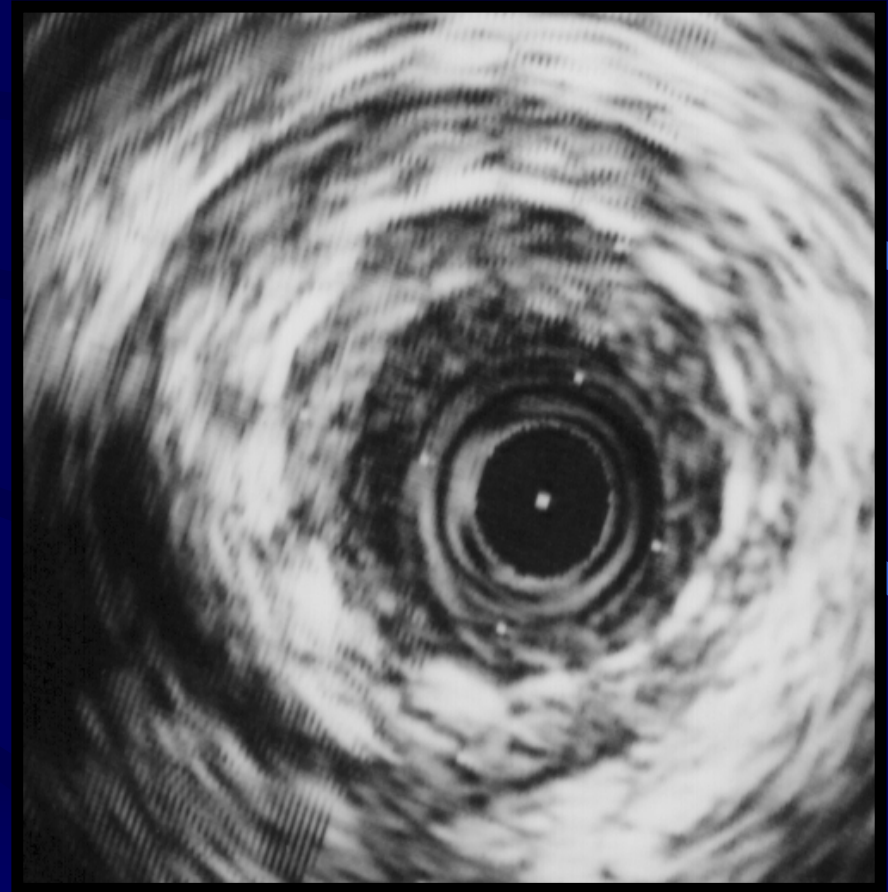
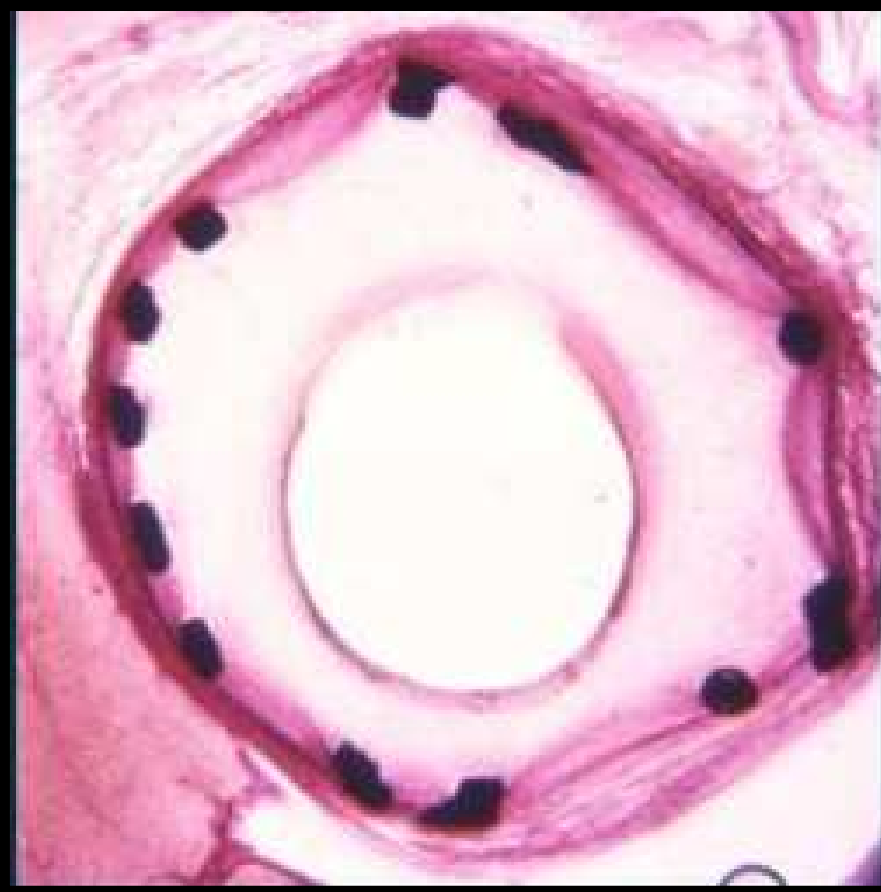
- 1. Excelentes e previsíveis resultados angiográficos imediatos, mesmo na abordagem de lesões complexas.**
- 2. Aumento da segurança do procedimento, reduzindo a chance de oclusão aguda.**
- 3. Melhora dos resultados tardios, por reduzir a incidência de reestenose.**

# TOTAL DE AIH - ICP vs CRM - DATASUS - 1992 a 2003



# Reestenose Intra-Stent

Mecanismo Exclusivo: Hiperplasia da Íntima



# A ERA DOS *STENTS* FARMACOLÓGICOS

## Prevenção e tratamento da reestenose: STENTS RECOBERTOS COM DROGAS

- ACTINOMICINA - GUIDANT

- TA  
BO

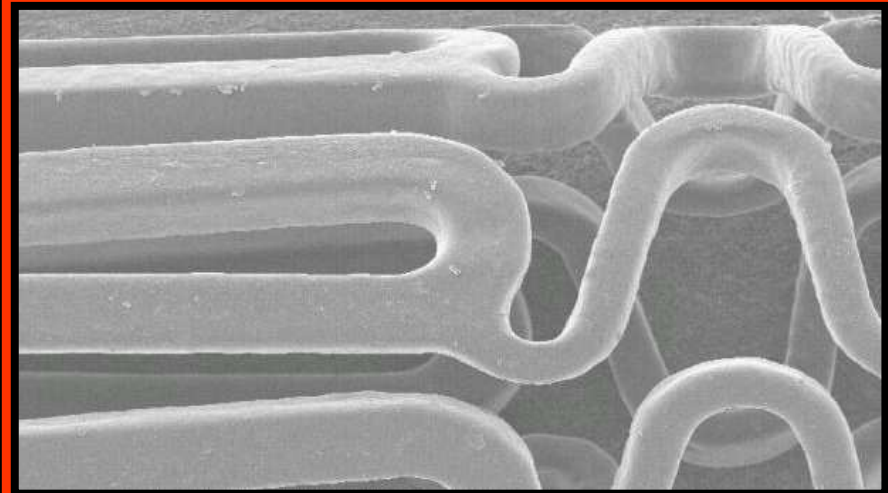
- TA

- RA  
J&

- DI  
SIO

- TA

- etc...



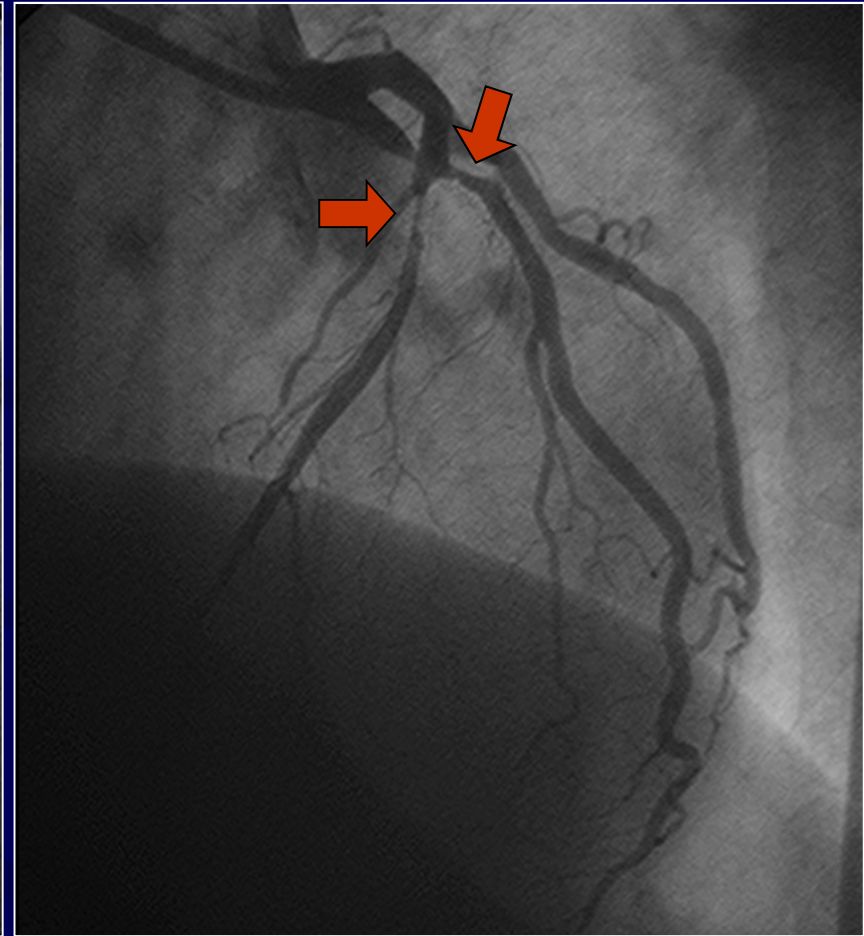
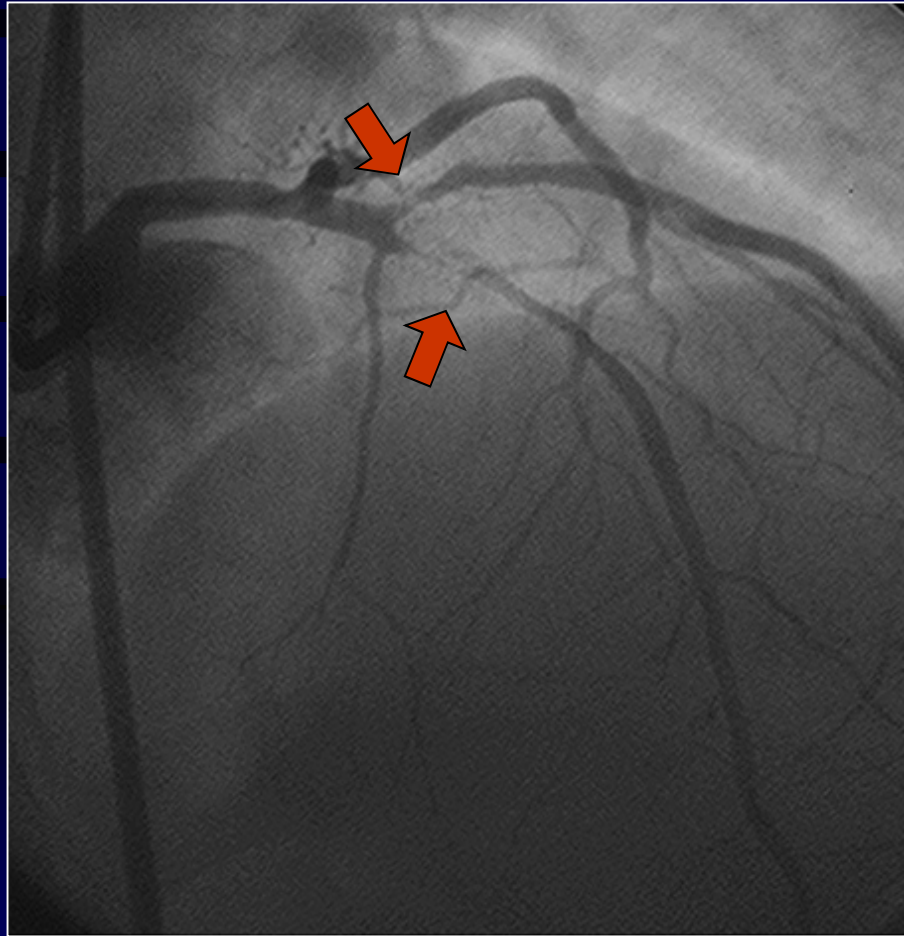
Stent Bx Velocity™  
revestido com sirolimus

2001...

# SIRIUS

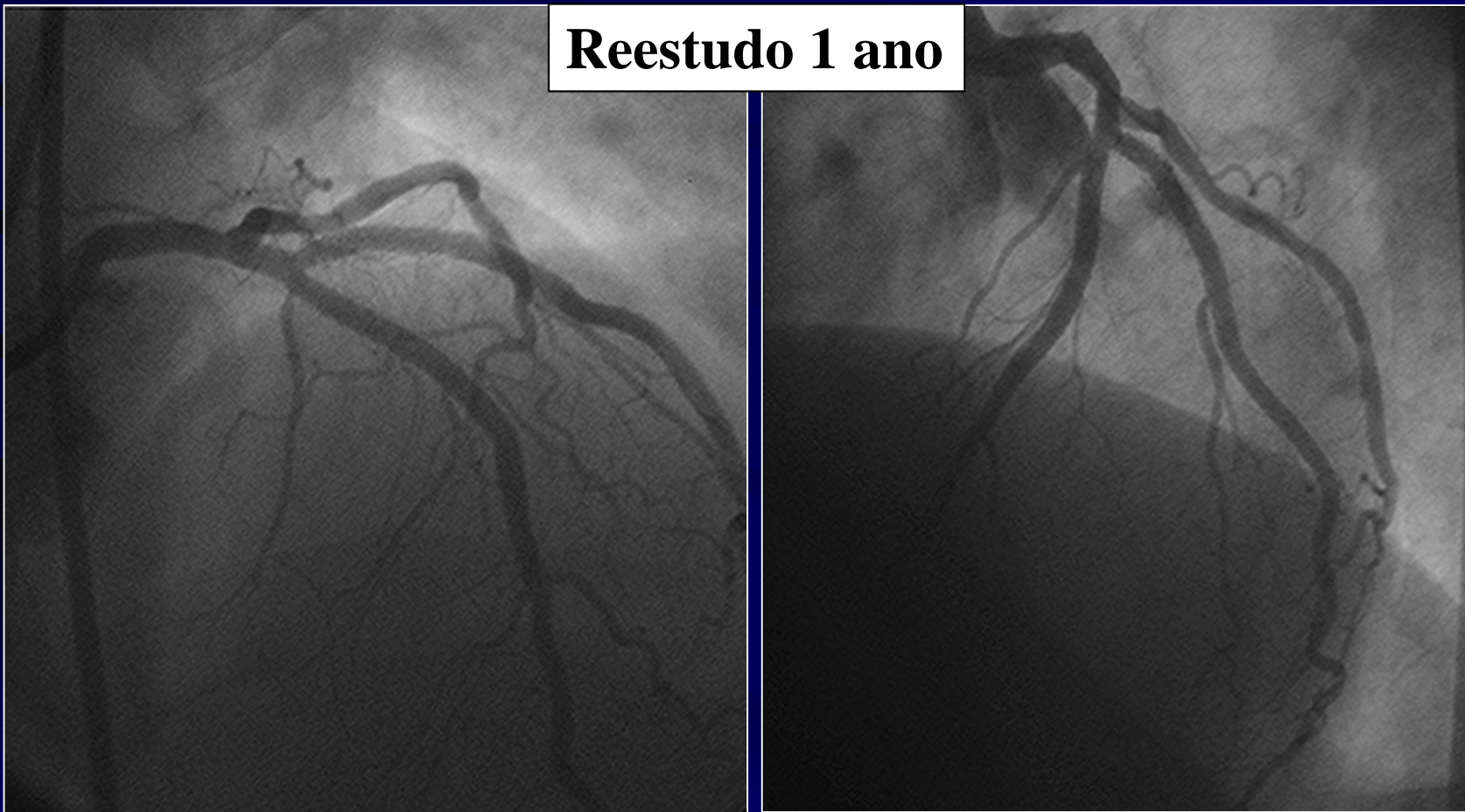
EVENTOS ADVERSOS AOS 9 MESES

**FFO, 40 anos, angina estável CFIII**  
**3ª RIS, 1 falência de rafa oral**



**FFO, 40 anos, angina estável CFIII**  
**3ª RIS, 1 falência de rapa oral**  
**Implante de 2 stents Cypher 3,0 x 33 mm**

**Reestudo 1 ano**





TUESDAY

# ESC Congress News



WORLD HEART  
FEDERATION®

**World Congress of Cardiology 2006**

*The unique meeting of the European Society of Cardiology Congress 2006  
and the World Heart Federation's XVth World Congress of Cardiology*



## Do drug-eluting stents increase deaths?

TWO SEPARATE, independent meta-analyses, presented in Hot Line session I, suggest drug-eluting stents (DES) may increase death, Q-wave myocardial infarction (clinical surrogates of in-stent thrombosis) and cancer deaths, bringing the long-term safety of DES firmly into the spotlight. Discussant Salim Yusuf (McMaster University, Canada) hailed the data as one of the most important presentations to come out of this year's meeting.

"Six million people in the world have been implanted with DES, yet their long-term safety and efficacy is unknown," said Yusuf. "I've a feeling the data we're seeing today is only the tip of the iceberg. We need to encourage more



obtain this data from the manufacturer," said Nordmann. He speculated that the increase in cancer might be due to a rapid impairment of the immune system.

Yusuf widened the debate to include percutaneous coronary intervention (PCI). "The overuse of PCI is an insidious change in the culture of cardiology that needs to be reversed," he said. The use of PCI was established in MI, high-risk unstable angina and cardiogenic shock. However, its use in stable disease was a totally different question.

"There's no beneficial influence on mortality - PCI does nothing to prevent heart attack. All we are doing is providing short-term relief of chest pain. It's not re-stenosis that kills but the

# Overview of Current Stent Design

Durable  
Polymer Coated Stent

Bioabsorbable Polymer Coated Stent

Bioabsorbable  
Scaffold

Abbott/Boston

Medtronic

BIOSENSORS

Terumo

Boston

Scitech

Envision Scientific

Abbott

Xience/Promus<sup>1</sup>  
CoCr/ PtCr-EES

Resolute Onyx<sup>3</sup>  
CoNi-ZES

BioMatrix<sup>1</sup>  
316L-BES

Ultimaster<sup>1</sup>  
CoCr-SES

Synergy<sup>1</sup>  
PtCr -EES

Inspiron<sup>1</sup>  
CoCr - SES

ABLUMINUS DES  
CoCr - SES

Absorb<sup>2</sup>  
PLLA-EES



Strut thickness

81  $\mu\text{m}$

81  $\mu\text{m}$

120  $\mu\text{m}$

80  $\mu\text{m}$

74  $\mu\text{m}$

75  $\mu\text{m}$

73  $\mu\text{m}$

150  $\mu\text{m}$

Polymer coating

Circumferential  
7-8  $\mu\text{m}/\text{side}$

Circumferential  
6  $\mu\text{m}/\text{side}$

Abluminal  
10  $\mu\text{m}$

Abluminal  
20  $\mu\text{m}$

Abluminal  
15  $\mu\text{m}$

Abluminal  
4  $\mu\text{m}$

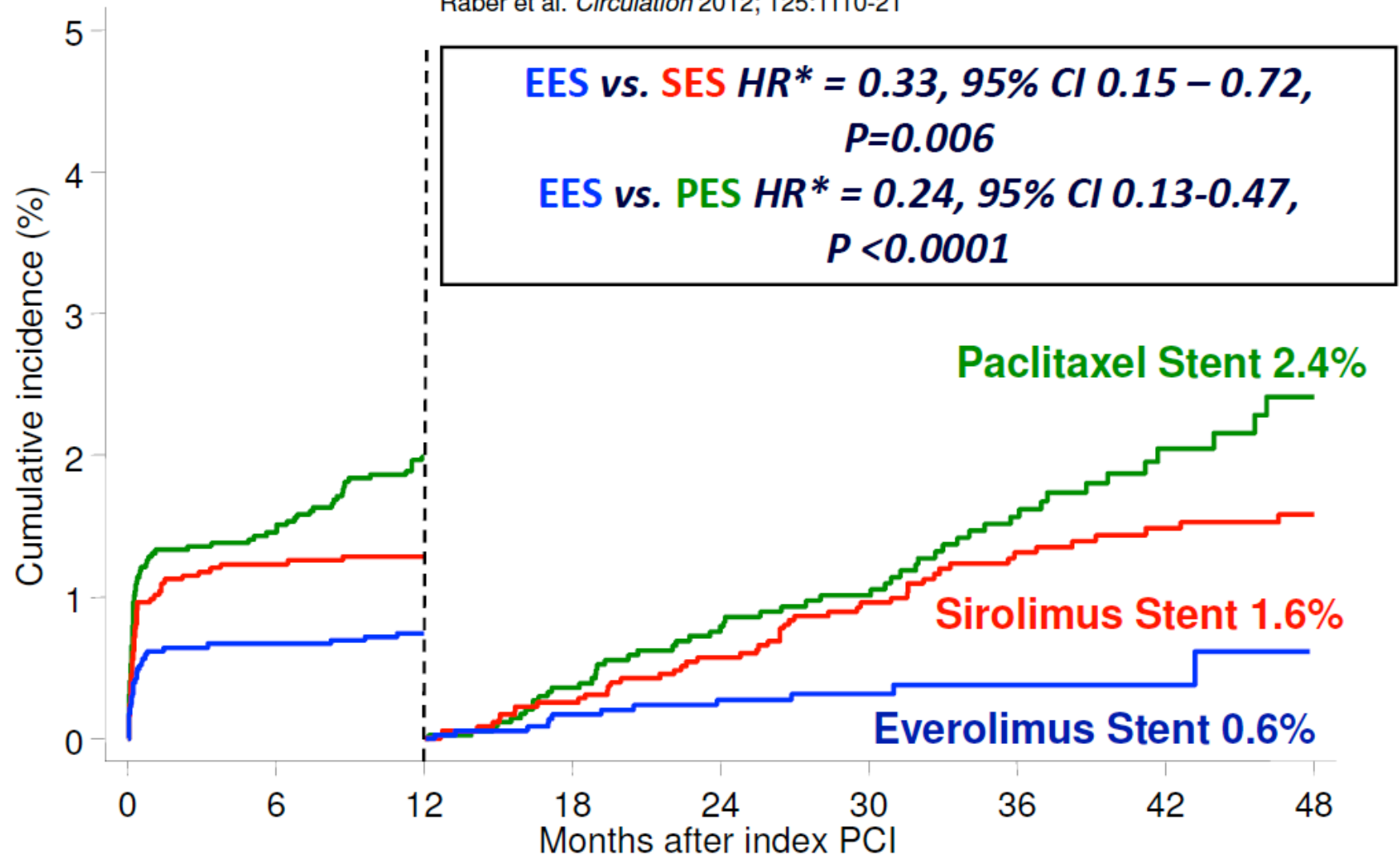
Abluminal  
< 5  $\mu\text{m}$

Circumferential  
3  $\mu\text{m}/\text{side}$

# Bern-Rotterdam Cohort Study

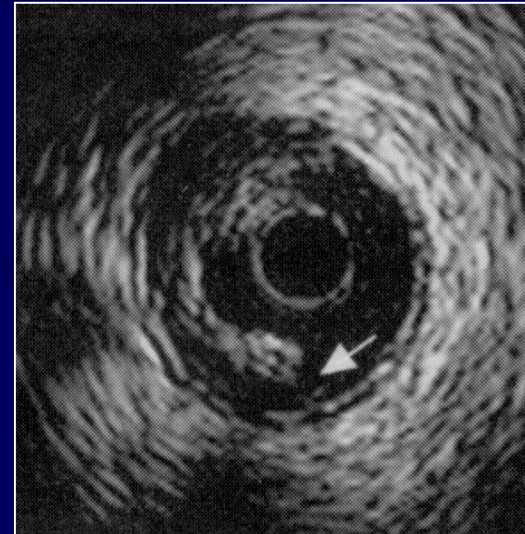
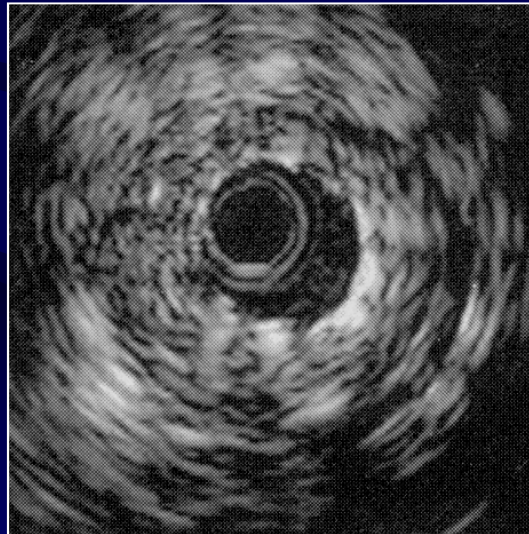
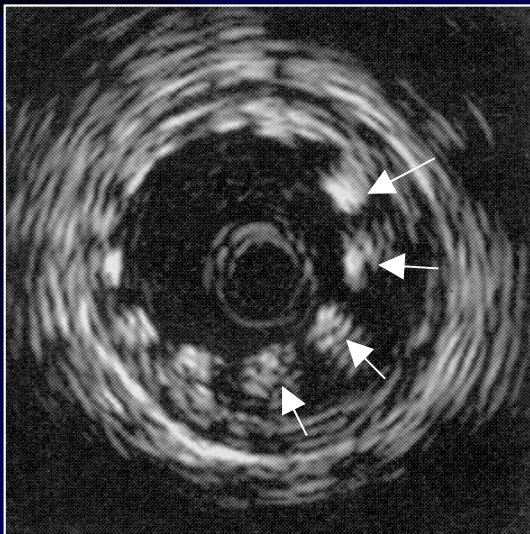
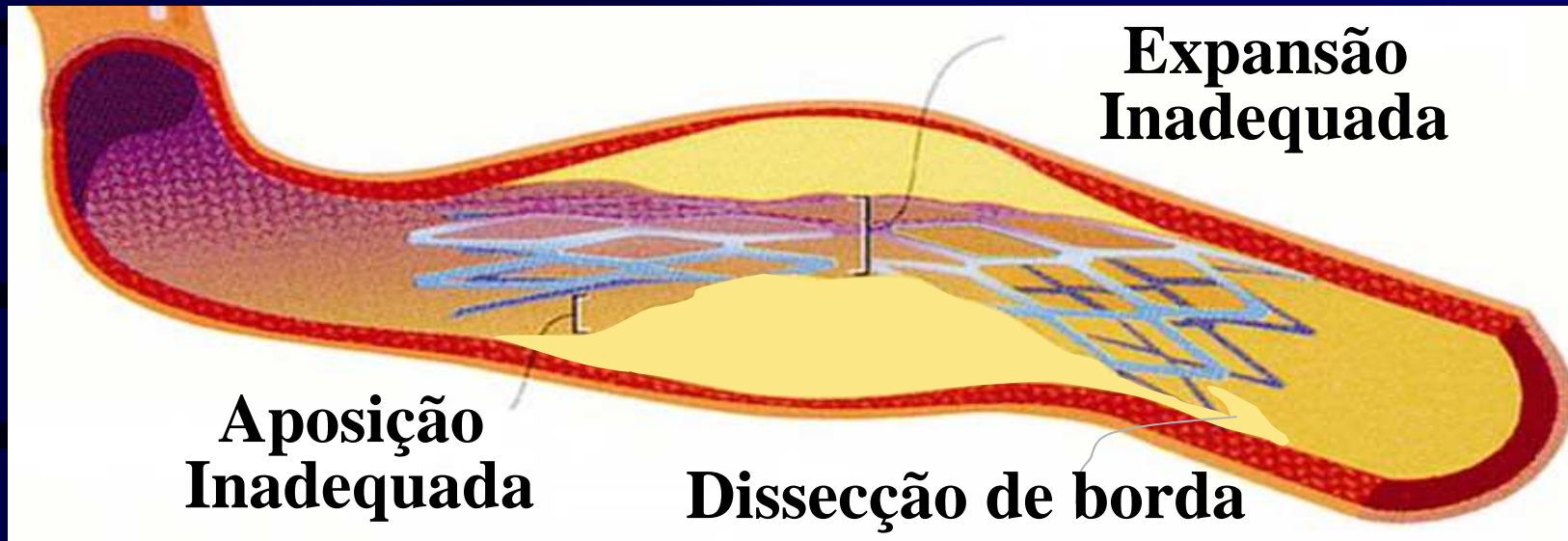
## Very Late Definite ST (1-4 yrs)

Räber et al. *Circulation* 2012; 125:1110-21

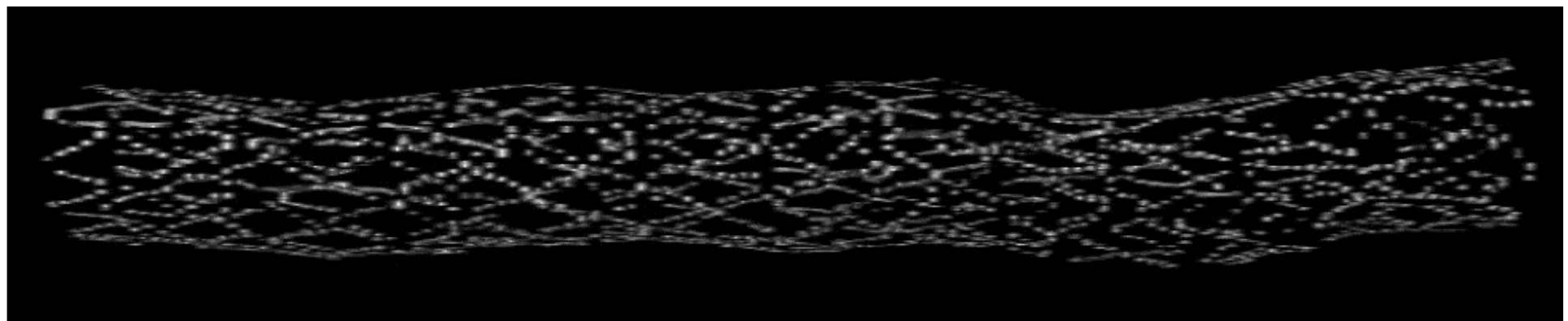
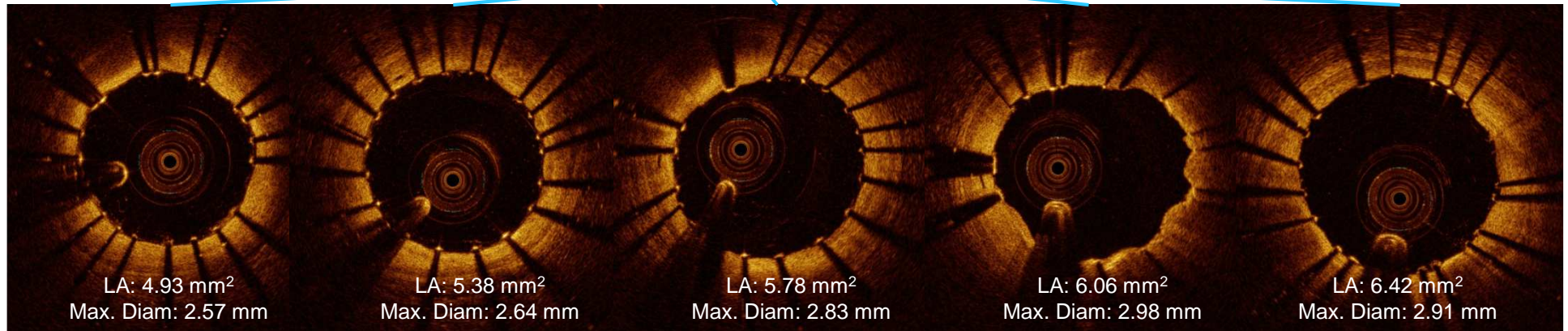
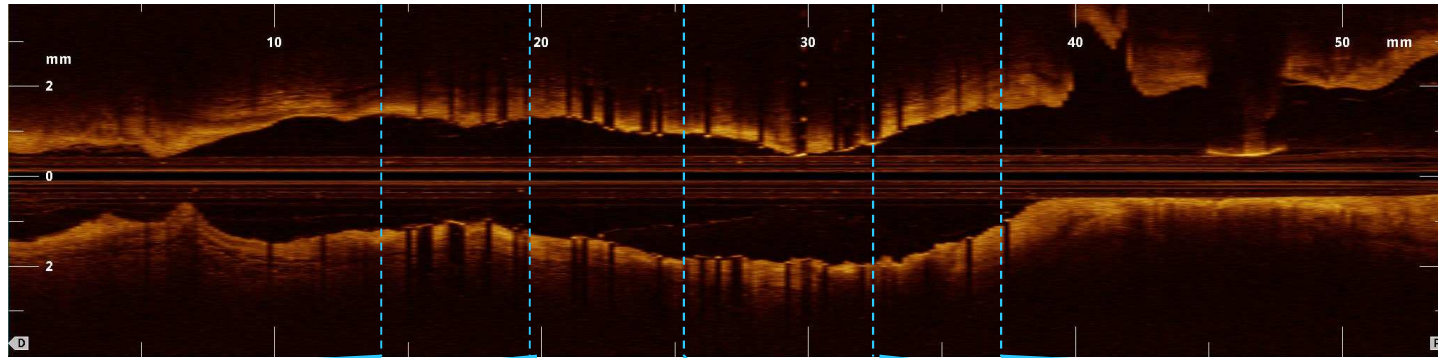


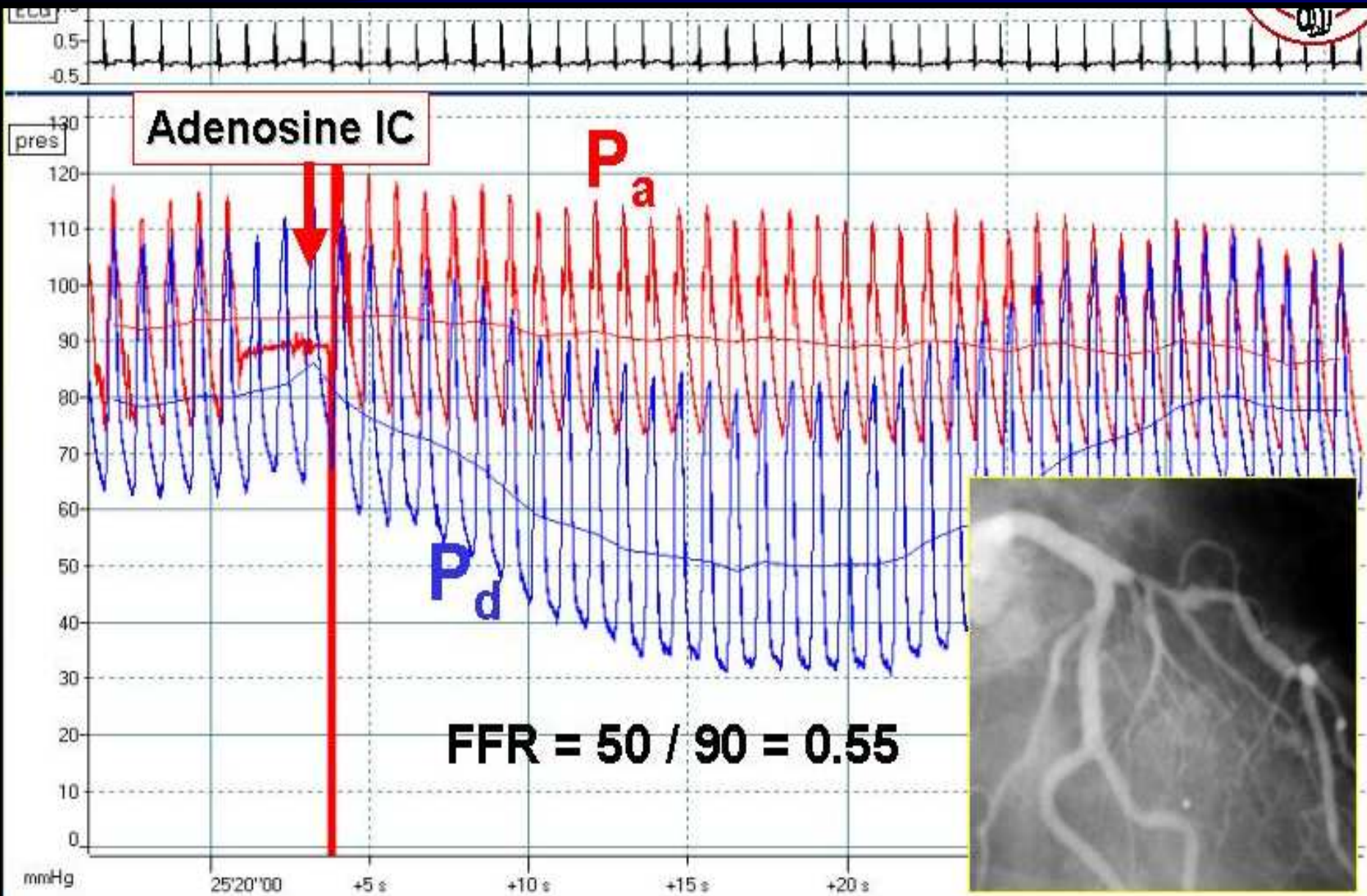
\*from Cox proportional hazards model

# ULTRA-SOM DURANTE IMPLANTE DE ST



# OCT Post-PCI





# Bioreabsorbable Scaffolds

**Igaki-Tamai**



**PLLA**

**Abbott Absorb**



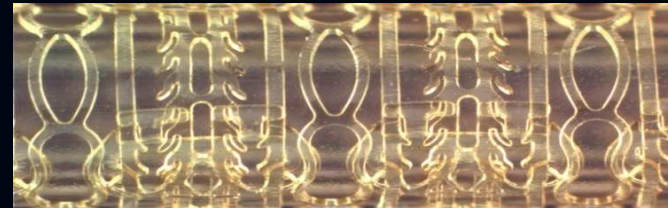
**PLLA  
Everolimus**

**Elixir DESolve**



**PPLLA based  
Novolimus**

**REVA RESolve**



**Tyrosine-  
Polycarbonate  
Sirolimus**

**Biotronik  
Dreams**



**Magnesium  
Sirolimus**

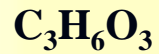
**Amaranth**



**PLLA resin**

# Degradação do Poli L-Ácido-Lático (PLLA) e Metabolismo do Lactato

Strut Remnant



Lactic Acid



Lactic Acid

Lactate



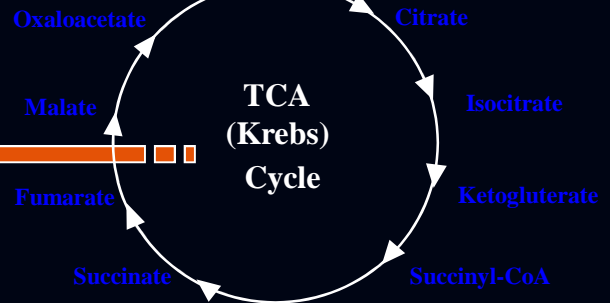
Lactate

Pyruvate

Acetyl-CoA

Intracellular Mitochondrion

$\text{H}_2\text{O}$   
 $\text{CO}_2$   
ATP



## Lactate Shuttle<sup>1</sup>

Lactate serves as a carbohydrate fuel source for multiple metabolic pathways



# ABSORB BVS Preclinical Study

Demonstrated in Porcine Coronary Arteries to 48 months

## BVS Cohort A



1 month

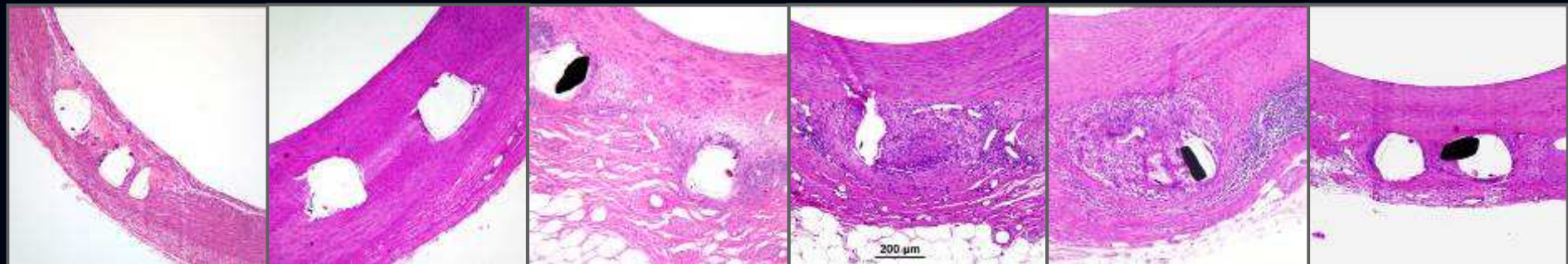
6 months

1 year

2 years

3 years

4 years

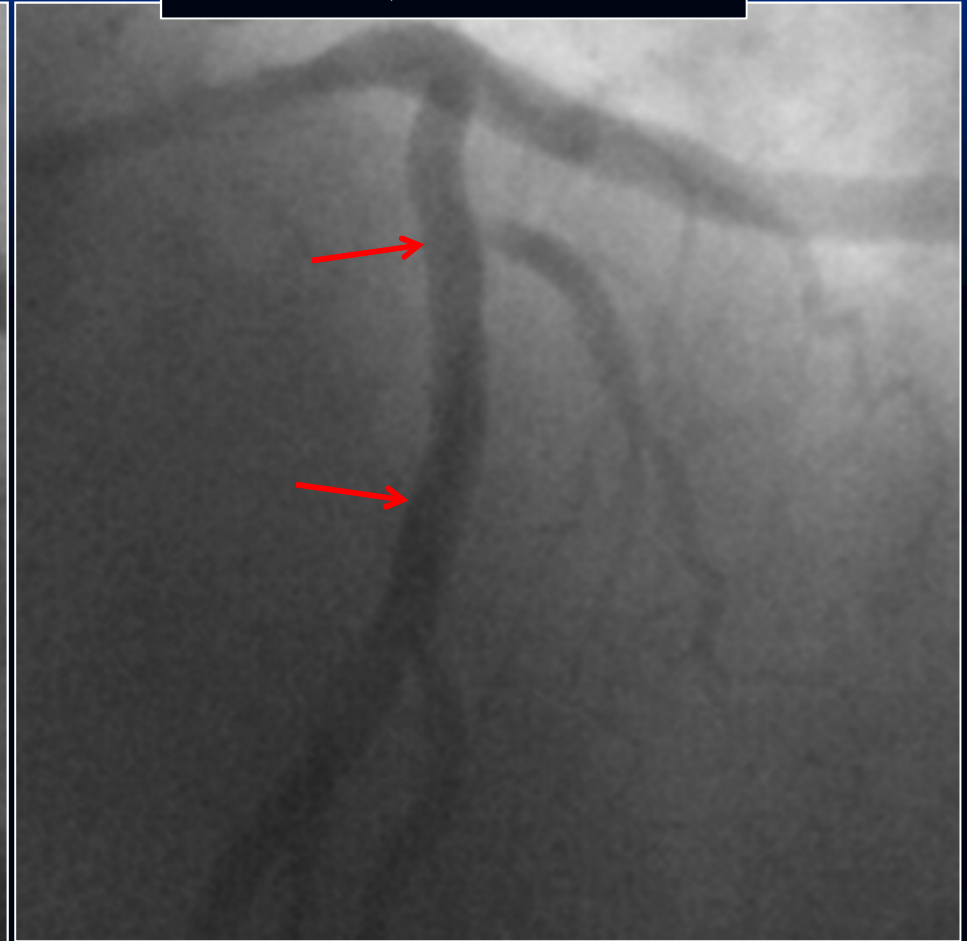


## Cypher

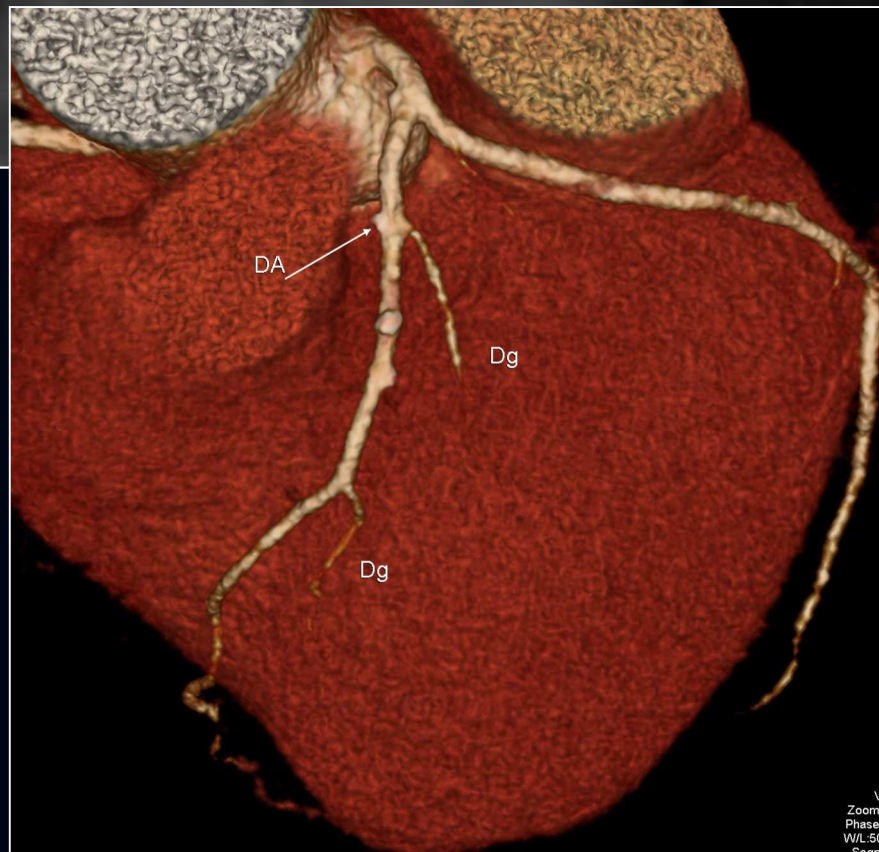
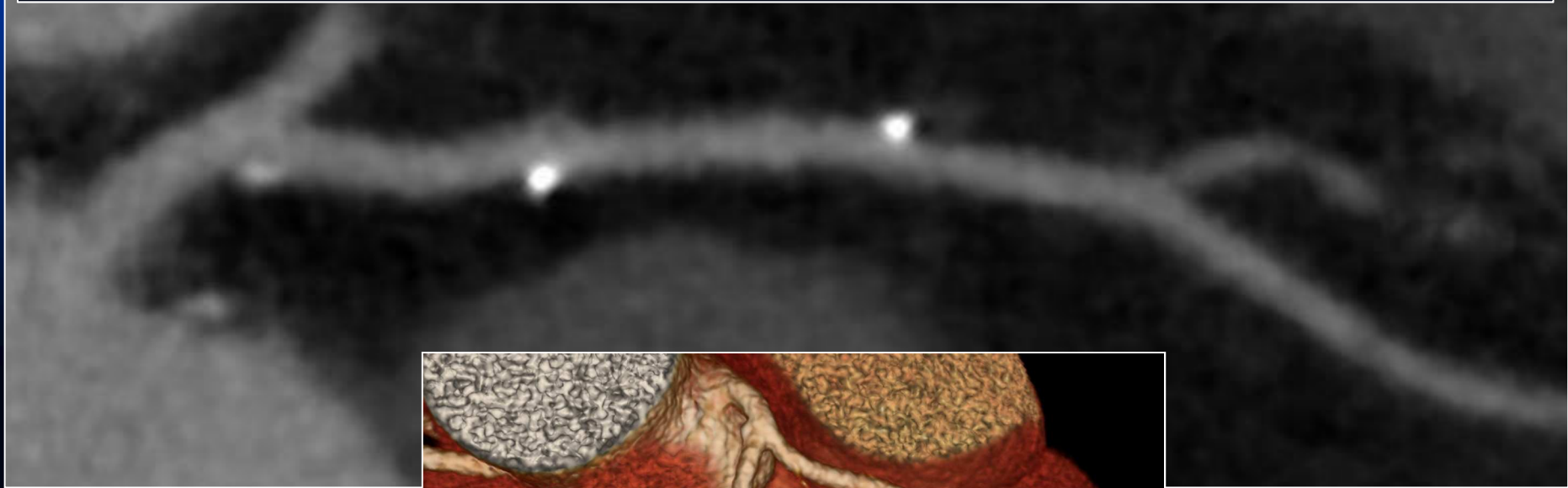
Representative photomicrographs of porcine coronary arteries, 10x  
Images taken by and on file with Abbott Vascular

24/10/2011

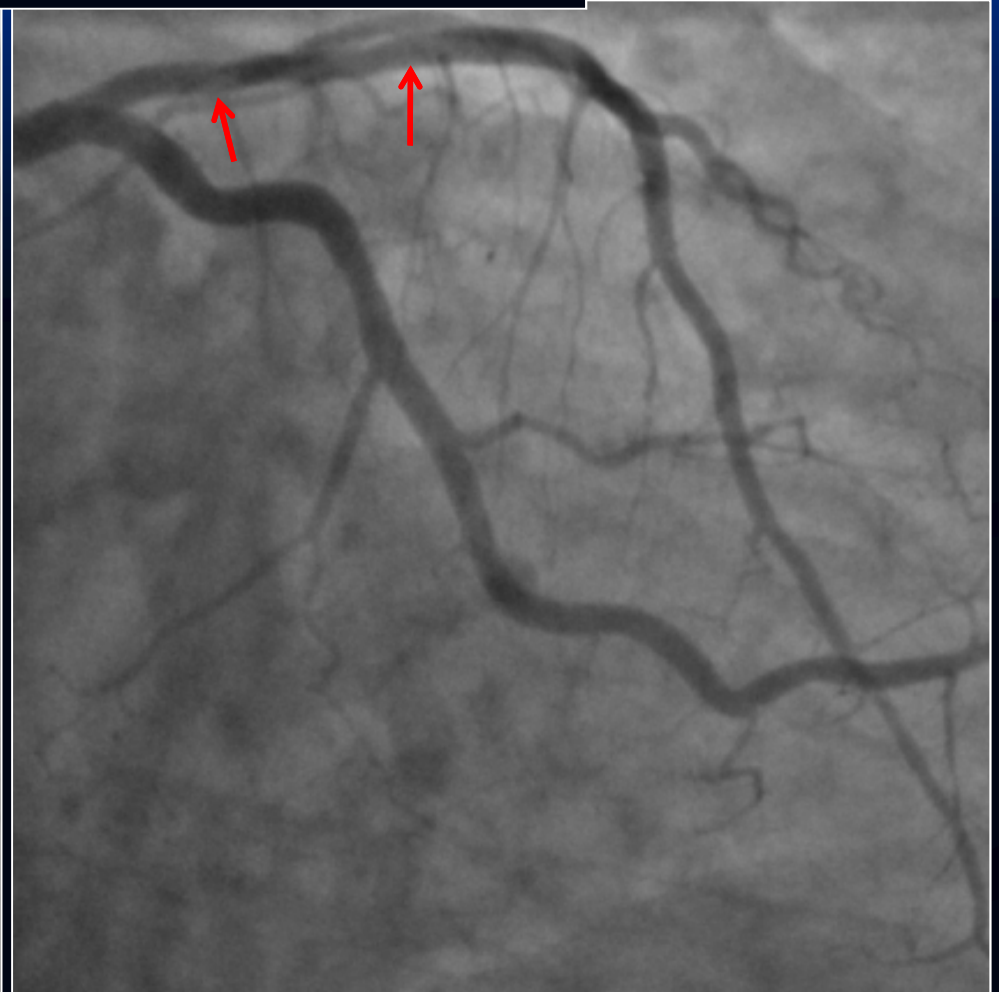
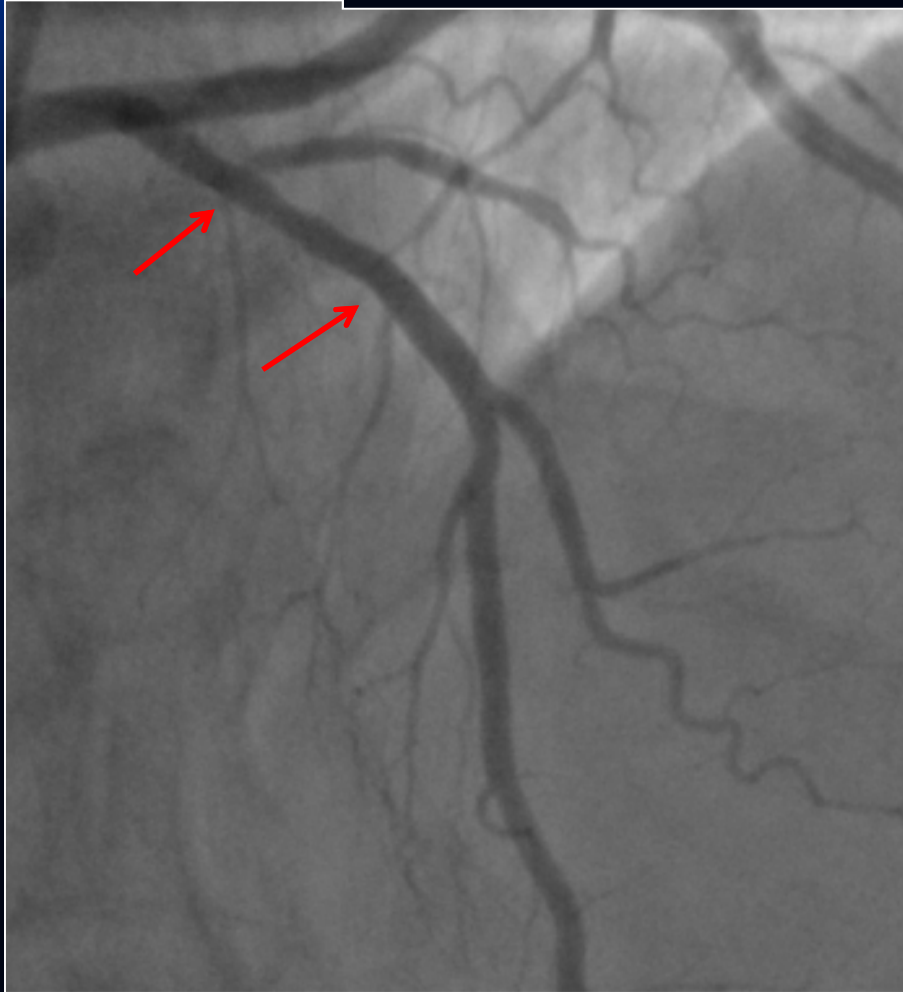
BVS 3,0 x 18 mm



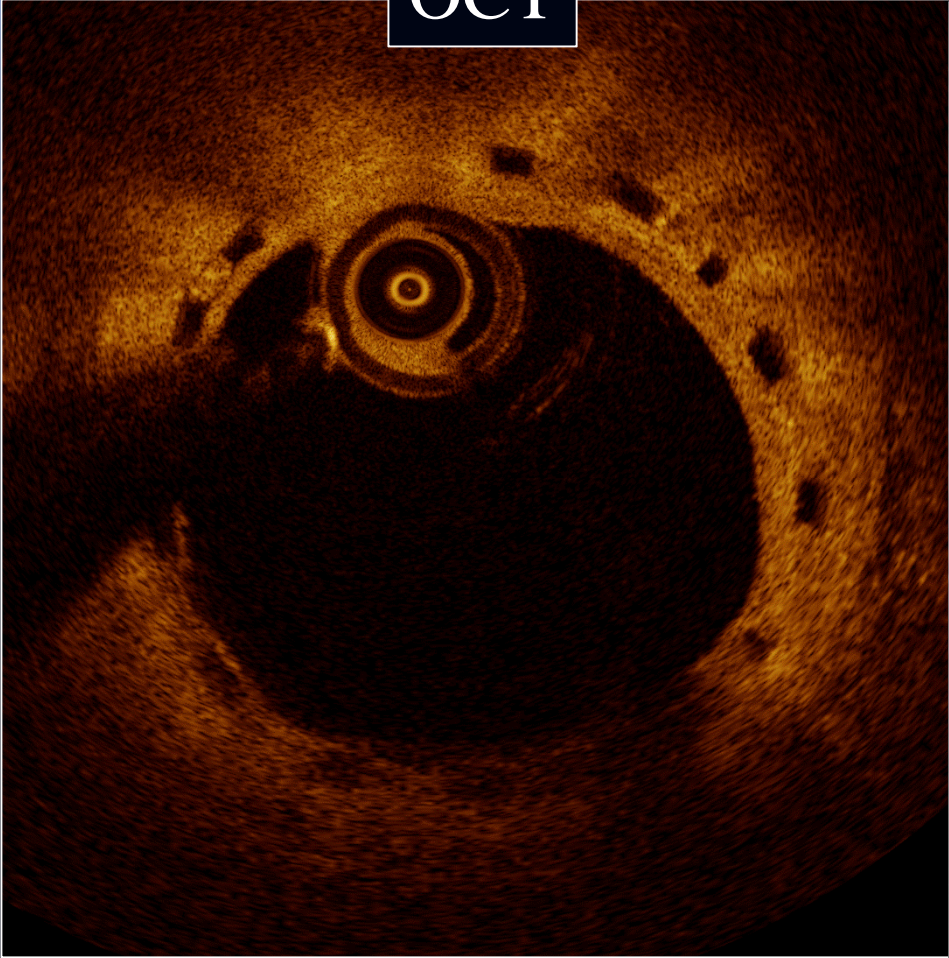
# Angiotomografia (27/05/2013): 20 meses



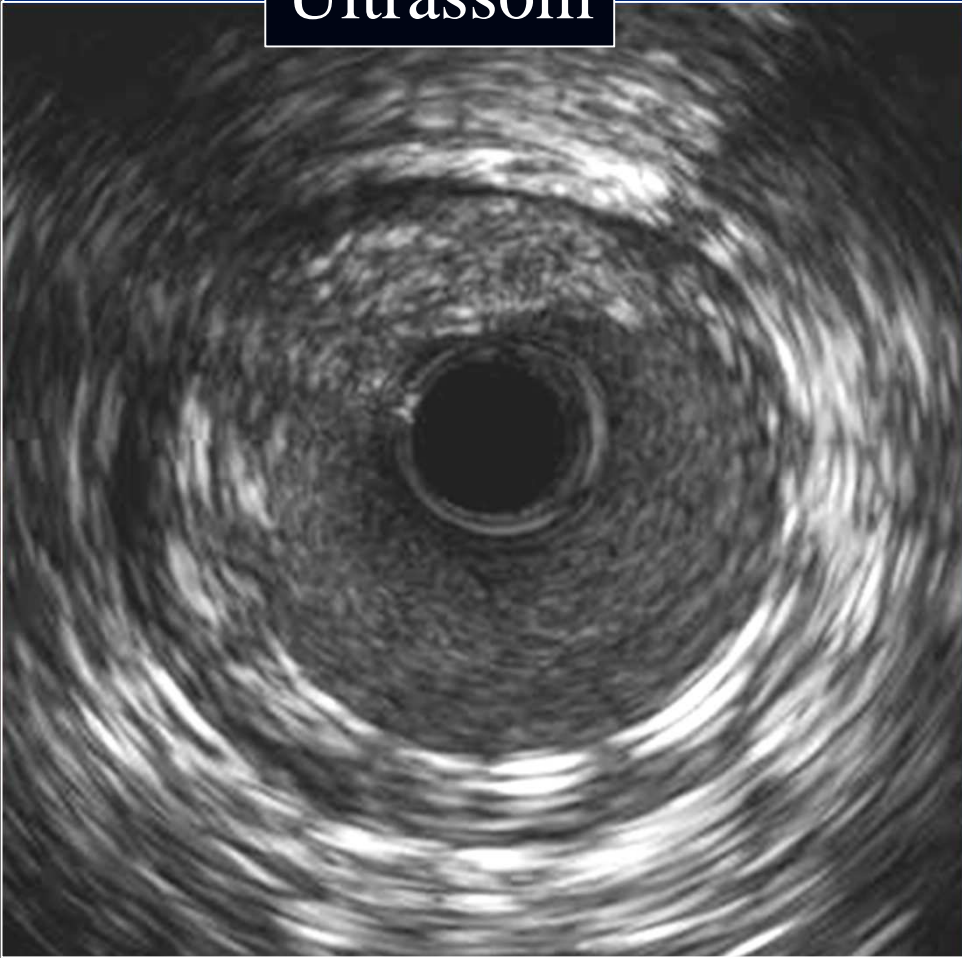
# Reestudo 20 meses



OCT



Ultrasound





# Device Thrombosis to 1 Year

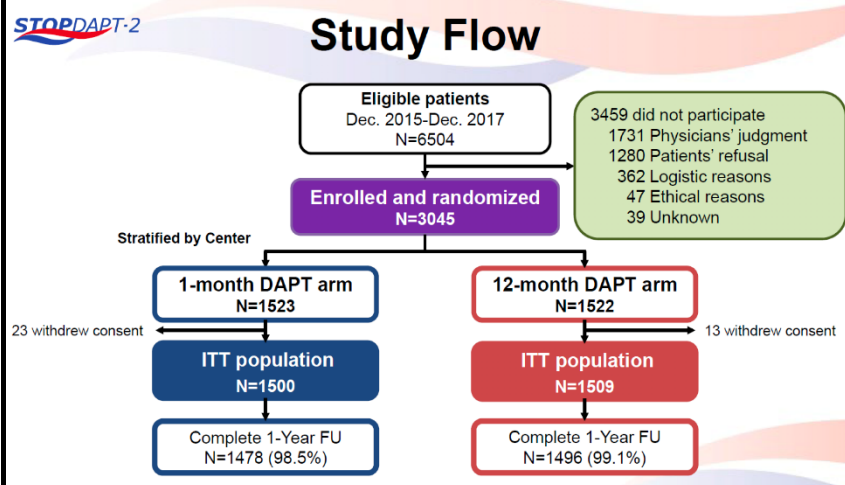
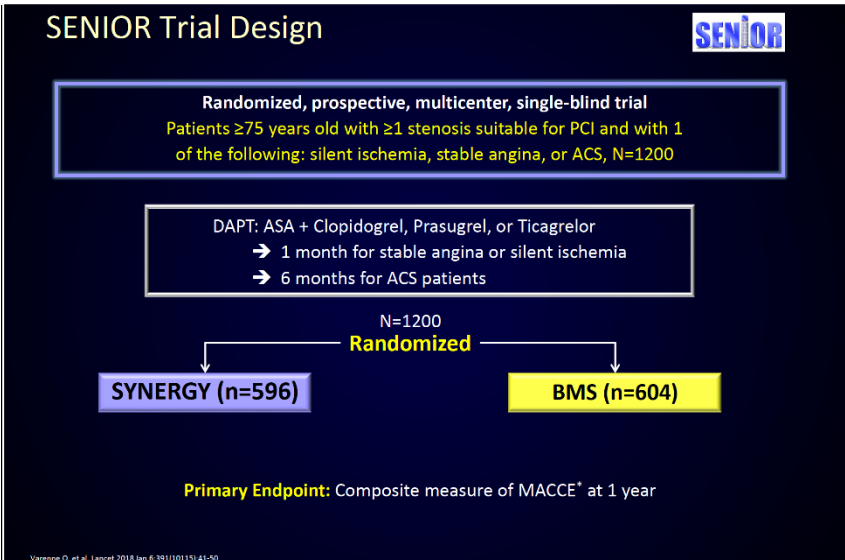
	<b>Absorb</b> (N=1322)	<b>Xience</b> (N=686)	<b>p-value</b>
Device Thrombosis (def/prob)	1.54%	0.74%	0.13
- Early (0 to 30 days)	1.06%	0.73%	0.46
- Late (> 30 to 1 year)	0.46%	0.00%	0.10
- Definite* (1 year)	1.38%	0.74%	0.21
- Probable (1 year)	0.15%	0.00%	0.55

\*One “definite ST” in the Absorb arm by ITT was in a pt that was treated with Xience

## Zotarolimus-Eluting Versus Bare-Metal Stents in Uncertain Drug-Eluting Stent Candidates



Marco Valgimigli, MD, PhD,\* Athanasios Pataliakos, MD,†† Attila Thury, MD, PhD,‡§ Eugene McFadden, MD,|| Salvatore Colangelo, MD,¶ Gianluca Campo, MD,‡ Matteo Tebaldi, MD,‡ Imre Ungi, MD, PhD,‡ Stefano Tondi, MD,‡ Marco Roffi, MD,\*\* Alberto Menozzi, MD, PhD,‡‡ Nicoletta de Cesare, MD,‡‡ Roberto Garbo, MD,¶ Emanuele Meliga, MD,§§ Luca Testa, MD, PhD,||| Henrique Mesquita Gabriel, MD,¶¶ Flavio Airoldi, MD,## Marco Ferlini, MD,\*\*\* Francesco Liistro, MD,††† Antonio Dellavalle, MD,††† Pascal Vranckx, MD, PhD,§§§ Carlo Briguori, MD, PhD,||||| for the ZEUS Investigators

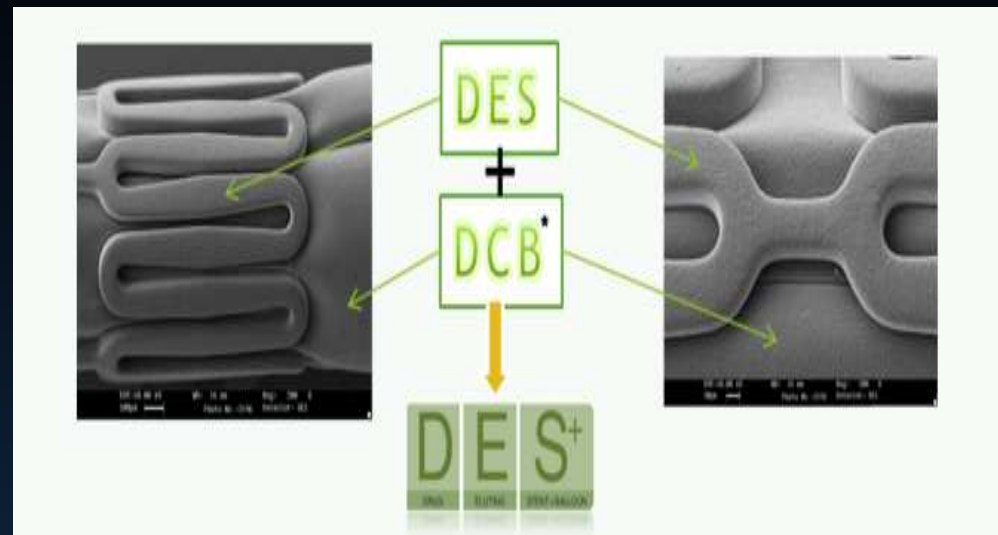
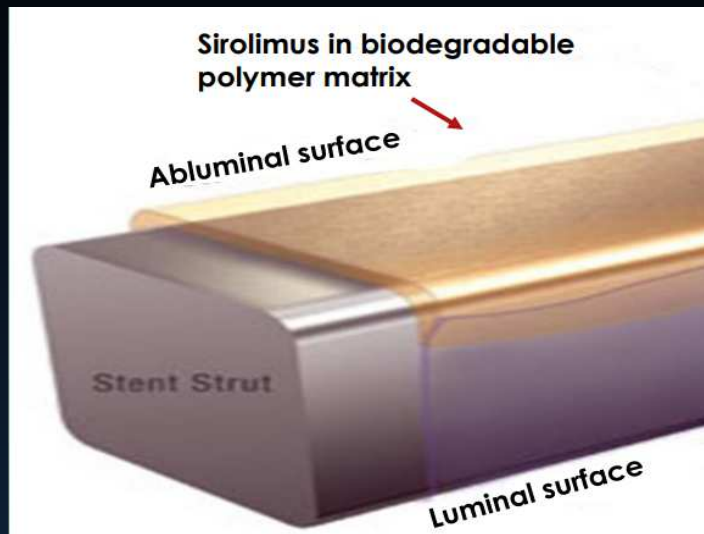


- 28.3% HBR
- 1-month DAPT: Lower risk of MACE in HBR patients
- 75 yo (minor ARC criteria for HBR)
- Net Clinical Benefit at 1 year favoring 1-month DAPT
- Not a HBR study, but 1-month DAPT followed by clopidogrel superior than 12-month DAPT
- 90% imaging guided PCI

# ABLUMINUS DES: Designed to Treat Diabetic Patients

Abluminus DES carries drug on Abluminal surface of the stent and exposed parts of the balloon as well as 0.5 mm on the balloon from distal and proximal edges of the balloon surface to achieve maximum diseased area get the drug

The Abluminal coating leads to faster re-endothelialization



Abluminal coating on Stent and Exposed parts of balloon



# Evolução na Intervenção Coronária Percutânea e Stents

Obrigado!!!!